



Job Title:	Performance Nutritionist (Boys Emerging Players Programme)		
Department/Group:	Performance	Reporting to:	Performance Director
Location:	Magdalen College School, Oxford (venue of the Boys EPP)	Travel Required:	Yes
Pay & Hours:	Paid on an hourly or daily basis , to meet the agreed delivery needs	Position Type:	Contract for Services - Self-employed sole trader or limited company contractor

Role Description

ABOUT THE PROGRAMME

Oxfordshire Cricket delivers a Boys Emerging Players Programme (Boys EPP) in partnership with the England and Wales Cricket Board (ECB) and Sussex County Cricket Club (Sussex CC). The Boys EPP provides individualised development through specialist coaching, conditioning, physiotherapy, and educational workshops to accelerate the progression of high-potential players aged 13-18. The Boys EPP offers a clear pathway into First Class County academies and professional cricket, primarily through a formal partnership with Sussex County Cricket Club (Sussex CCC). Sussex CCC have the first option on registering Oxfordshire players onto their Academy. Where this transition route is not taken, the OCB remains committed to supporting players in accessing other opportunities, with the overarching goal of developing players capable of progressing into FCC academies or professional cricket programmes.

ROLE PURPOSE

We are seeking a Performance Nutritionist to oversee the nutrition provision within the Boys EPP, working specifically with athletes aged between 13 to 18 years. The role focuses on delivering developmentally appropriate nutrition guidance to help young athletes to build strong nutritional foundations. The successful candidate will play a key role in providing evidence-based nutritional support to the Boys EPP cohort, focusing on delivering education and guidance to enhance:

- Physical Performance and Recovery
- Healthy Growth and Physical Development
- Optimal Cricket Performance and Wellbeing

The Nutritionist will work closely with coaching staff and players to develop and implement individualised and group nutrition strategies that align with the overall performance goals of the programme.

ROLE AND RESPONSIBILITIES

- **Educational Delivery**

- Design and deliver a minimum of two in-person nutrition workshops during the Boys EPP year to provide practical education and support;
 - Healthy eating during growth and maturation
 - Hydration strategies
 - Recovery nutrition following training and competition
 - Balanced meal planning for busy school/training weeks
 - Supplement awareness and anti-doping education
 - Create and distribute simple resources (e.g., handouts, digital content) to reinforce key messages from nutritional education.
- **Individualised Support** - Facilitate a minimum of two individualised review meetings (in-person) with each player during the Boys EPP year to support performance goals through appropriate nutrition strategies.
 - **Administration** - Complete administrative tasks associated with the Boys EPP programme delivery, managing key player development plan tasks. Maintain a comprehensive database and detailed record of work conducted with athletes and coaches, integrating into to player development plans (PDP's)
 - **Safeguarding and Overall wellbeing** - Maintain the highest standards of safeguarding provision, player welfare and pastoral care to establish safe, and supportive environments always. Work within the rules of professional confidentiality, liaise with athletes, primary care managers, parents, coaches and other support staff as appropriate within the rules of the SENr (or equivalent) Code of Conduct, standards and guideline
 - **Key Relationships** - Communicate and interact effectively with players of all ages, parents or guardians of players aged eighteen years and below and the coaching team to successfully deliver the Boys, engaging in (where appropriate) positive, practical discussions about performance nutrition. Liaise with Cricket and S&C coaches, along with other support staff to ensure nutrition aligns with training demands and physical development.

QUALIFICATIONS AND EXPERIENCE REQUIREMENTS

Essential:

- Degree in Nutrition, Dietetics, or Sport and Exercise Nutrition
- Higher degree (IOC diploma in sports nutrition or PG Cert/Dip/Masters in Sports Nutrition or a related subject)
- SENr registration or equivalent accreditation (or actively working toward it)
- Enhanced England and Wales Cricket Board (ECB) Disclose and Barring Service clearance (essential, or to be obtained before commencement)
- Experience working with adolescents in sport or development environments
- Strong interpersonal and communication skills, particularly with teenagers
- Understanding of growth and maturation and its implications for youth athlete nutrition
- Willingness to work flexibly in the evenings and weekends during key delivery period

Desirable:

- A knowledge of cricket as a sport and Experience in cricket or similar team sport environments

- Experience delivering workshops using externally provided content
- Anti-Doping Clean Sport Advisor
- ISAK Level 1 Accreditation or higher
- Familiarity with UKAD and WADA guidelines relevant to youth athletes
- Experience of analysing the demands of a team sport in relation to their nutrition needs in order to develop, implement and evaluate nutrition programmes for individual athletes within that sport
- Experience working as part of a multi-disciplinary team in talent development
- ECB Safeguarding training (essential, or to be obtained before commencement)

KNOWLEDGE AND SKILLS REQUIRED

- **Expertise in Sports Nutrition and Athlete Development:** Strong knowledge and the ability to effectively translate nutrition science into practical food and supplement advice for high-performance athletes. Demonstrates a clear understanding of talent development programs and has experience delivering high-quality coaching/support to individuals aged 8 to 18, with a passion for their personal growth.
- **Strategic Planning and Adaptability:** Exceptional ability to plan, organise, and prioritise work, meeting deadlines in a dynamic environment. Must be flexible, proactive, and responsive to change, using sound judgement and a strategic mindset to achieve desired outcomes.
- **Stakeholder and Relationship Management:** Proven interpersonal and collaborative skills with the capacity to build and maintain effective internal and external relationships. Must be able to tailor communication to diverse stakeholders, ensuring clear, timely, and professional engagement to achieve shared goals.
- **Regulatory and Professional Adherence:** Comprehensive knowledge of the elite sporting environment and the capacity to uphold strict policies and professional boundaries, particularly concerning young people. Possesses an understanding and awareness of Athlete Support Personnel roles and responsibilities under the World Anti-Doping Code.
- **Communication and Influence:** Excellent verbal, nonverbal, and written communication skills, with the ability to critically appraise complex data and present it in terms easily understood by a wide range of audiences. Must be able to influence athletes and coaches to support performance-impacting programmes

ADDITIONAL NOTES

- The engagement period for this role runs from November through August, aligning with the Boys EPP delivery cycle. The postholder would be required to undertake work assignments at the following days/times as agreed.
 - Weekday: Tuesday and/or Thursday evenings between 18:30 to 20:30 (as agreed).
 - Training Camps: A single Friday in February and a single Friday in April for training camps between 09:00 to 16:00 (as agreed)
- The responsibilities described in this document are the primary functions of the role, but the postholder may be required to perform other duties as needed.
- Alongside this role, there may be scope for additional, paid work assignments across the wider Talent Development system.

- Oxfordshire Cricket are committed to being an Equal Opportunities Employer and all positions are subject to a safer recruitment process. Individuals must have the right to live and work in the United Kingdom and only shortlisted candidates will be notified and invited to interview.
- Potential candidates with queries not already addressed in this job pack might like to contact Performance Director, Matthew Barnes to have those questions answered. Please note that this is not a necessary part of the application process.

Other Requirements

- The ability to travel independently to places of work within the county border (essential)

How to Apply

Please complete and submit the Safer Recruitment Application Form to Performance Director, Matthew Barnes on mbarnes@oxoncb.com by 23:59pm on **Sunday 2nd November 2025**.

Interviews are expected to be held on the week beginning Monday 10th November 2025

References

All offers of employment within Oxfordshire Cricket are subject to the receipt of a minimum of two satisfactory references. One of the references must be from your current or most recent employer.

Conditional Offer of Appointment

Any offer to a successful candidate will be conditional upon the following:

- Verification of identity
- Verification of qualifications and professional status
- A satisfactory criminal records check at enhanced level through the Disclosure and Barring Service (DBS)
- A check against the Barred List
- Verification of the right to work in the UK
- Receipt of at least two satisfactory references
- A check for gaps in your employment history
- Satisfactory completion of the probationary period

Completed By:	Matthew Barnes	Date:	06.10.2025
Approved By:	Nic Pinhol	Date:	07.10.2025
Last Updated By:	Matthew Barnes	Date:	07.10.2025